

## Lightning Spikes Track Club 2010/2011 Schedule

# October

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
					<b>1</b>	<b>2</b>
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>10</b>	<b>11</b>	<b>12</b> Off-Season Training Berkmar High School 6:15p – 7:30p	<b>13</b>	<b>14</b> Off-Season Training Berkmar High School 6:15p – 7:30p	<b>15</b>	<b>16</b> Off-Season Training Berkmar High School 9:15a – 10:30a
<b>17</b>	<b>18</b>	<b>19</b> Off-Season Training Berkmar High School 6:15p – 7:30p	<b>20</b>	<b>21</b> Off-Season Training Berkmar High School 6:15p – 7:30p	<b>22</b>	<b>23</b> Off-Season Training Berkmar High School 9:15a – 10:30a
<b>24</b>	<b>25</b>	<b>26</b> Off-Season Training Berkmar High School 6:15p – 7:30p	<b>27</b>	<b>28</b> Off-Season Training Berkmar High School 6:15p – 7:30p	<b>29</b>	<b>30</b> Off-Season Training Berkmar High School 9:15a – 10:30a
<b>31</b>						

# 2010

## Lightning Spikes Track Club 2010/2011 Schedule

# November

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
	<b>1</b>	<b>2</b> Off-Season Training Berkmar High School 6:15p – 7:30p	<b>3</b>	<b>4</b> Off-Season Training Berkmar High School 6:15p – 7:30p	<b>5</b>	<b>6</b> Off-Season Training Berkmar High School 9:15a – 10:30a
<b>7</b>	<b>8</b>	<b>9</b> Off-Season Training Berkmar High School 6:15p – 7:30p	<b>10</b>	<b>11</b> Off-Season Training Berkmar High School 6:15p – 7:30p	<b>12</b>	<b>13</b> Off-Season Training Berkmar High School 9:15a – 10:30a
<b>14</b>	<b>15</b>	<b>16</b> Off-Season Training Berkmar High School 6:15p – 7:30p	<b>17</b>	<b>18</b> Off-Season Training Berkmar High School 6:15p – 7:30p	<b>19</b>	<b>20</b> Off-Season Training Berkmar High School 9:15a – 10:30a
<b>21</b>	<b>22</b> Off-Season Training Berkmar High School 6:15p – 7:30p	<b>23</b>	<b>24</b>	<b>25</b> <b>THANKSGIVING</b>	<b>26</b>	<b>27</b> Off-Season Training Berkmar High School 9:15a – 10:30a
<b>28</b>	<b>29</b>	<b>30</b> Off-Season Training Berkmar High School 6:15p – 7:30p				

# 2010

## Lightning Spikes Track Club 2010/2011 Schedule

# December

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
			<b>1</b>	<b>2</b> Off-Season Training Berkmar High School 6:15p – 7:30p	<b>3</b>	<b>4</b> Off-Season Training Berkmar High School 9:15a – 10:30a
<b>5</b>	<b>6</b>	<b>7</b> Off-Season Training Berkmar High School 6:15p – 7:30p	<b>8</b>	<b>9</b> Off-Season Training Berkmar High School 6:15p – 7:30p	<b>10</b>	<b>11</b> Off-Season Training Berkmar High School 9:15a – 10:30a
<b>12</b>	<b>13</b>	<b>14</b> Off-Season Training Berkmar High School 6:15p – 7:30p	<b>15</b>	<b>16</b> Off-Season Training Berkmar High School 6:15p – 7:30p	<b>17</b>	<b>18</b> Off-Season Training Berkmar High School 9:15a – 10:30a
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<b>26</b>	<b>27</b>	<b>28</b> Off-Season Training Berkmar High School 6:15p – 7:30p	<b>29</b>	<b>30</b> Off-Season Training Berkmar High School 6:15p – 7:30p	<b>31</b>	

# 2010

## Lightning Spikes Track Club 2010/2011 Schedule

# January

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
						<b>1</b>
<b>2</b>	<b>3</b>	<b>4</b> Registration Berkmar High School  6:00p – 7:30p	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b> Registration Berkmar High School 10:00a – 12:00p  New Parent Orientation 1:00p – 2:00p Returning Parent Orientation 2:00 – 3:00p
<b>9</b>	<b>10</b> Developmental Season Training Berkmar High School  6:00p – 7:30p	<b>11</b> Developmental Season Training Berkmar High School  6:00p – 7:30p	<b>12</b>	<b>13</b> Developmental Season Training Berkmar High School  6:00p – 7:30p	<b>14</b>	<b>15</b> Developmental Season Training Berkmar High School  12:00a – 2:00p
<b>16</b>	<b>17</b> Developmental Season Training Berkmar High School  6:00p – 7:30p	<b>18</b> Developmental Season Training Berkmar High School  6:00p – 7:30p	<b>19</b>	<b>20</b> Developmental Season Training Berkmar High School  6:00p – 7:30p	<b>21</b>	<b>22</b> Developmental Season Training Berkmar High School  12:00a – 2:00p
<b>23</b>	<b>24</b> Developmental Season Training Berkmar High School  6:00p – 7:30p	<b>25</b> Developmental Season Training Berkmar High School  6:00p – 7:30p	<b>26</b>	<b>27</b> Developmental Season Training Berkmar High School  6:00p – 7:30p	<b>28</b>	<b>29</b> Developmental Season Training Berkmar High School  12:00a – 2:00p
<b>30</b>	<b>31</b> Developmental Season Training Berkmar High School 6:00p – 7:30p					

# 2011

## Lightning Spikes Track Club 2010/2011 Schedule

# February

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
		<b>1</b> Developmental Season Training Berkmar High School  6:00p – 7:30p	<b>2</b>	<b>3</b> Developmental Season Training Berkmar High School  6:00p – 7:30p	<b>4</b>	<b>5</b> Developmental Season Training Berkmar High School  12:00a – 2:00p
<b>6</b>	<b>7</b> Developmental Season Training Berkmar High School  6:00p – 7:30p	<b>8</b> Developmental Season Training Berkmar High School  6:00p – 7:30p	<b>9</b>	<b>10</b> Developmental Season Training Berkmar High School  6:00p – 7:30p	<b>11</b>	<b>12</b> Developmental Season Training Berkmar High School  12:00a – 2:00p
<b>13</b>	<b>14</b> Developmental Season Training Berkmar High School  6:00p – 7:30p	<b>15</b> Developmental Season Training Berkmar High School  6:00p – 7:30p	<b>16</b>	<b>17</b> Developmental Season Training Berkmar High School  6:00p – 7:30p	<b>18</b>	<b>19</b> Developmental Season Training Berkmar High School  12:00a – 2:00p
<b>20</b>	<b>21</b> Developmental Season Training Berkmar High School  6:00p – 7:30p	<b>22</b> Developmental Season Training Berkmar High School  6:00p – 7:30p	<b>23</b>	<b>24</b> Developmental Season Training Berkmar High School  6:00p – 7:30p	<b>25</b>	<b>26</b> Developmental Season Training Berkmar High School  12:00a – 2:00p
<b>27</b>	<b>28</b> Developmental Season Training Berkmar High School  6:00p – 7:30p					
						2011

## Lightning Spikes Track Club 2010/2011 Schedule

# March

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
		<b>1</b> Developmental Season Training Berkmar High School 6:00p – 7:30p	<b>2</b>	<b>3</b> Developmental Season Training Berkmar High School 6:00p – 7:30p	<b>4</b>	<b>5</b> Developmental Season Training Berkmar High School 12:00a – 2:00p
<b>6</b>	<b>7</b> Developmental Season Training Berkmar High School 6:00p – 7:30p	<b>8</b> Developmental Season Training Berkmar High School 6:00p – 7:30p	<b>9</b>	<b>10</b> Developmental Season Training Berkmar High School 6:00p – 7:30p	<b>11</b>	<b>12</b> <b>Crystal League Developmental Meet</b>
<b>13</b> <b>Daylight Savings</b>	<b>14</b>	<b>15</b> Developmental Season Training Berkmar High School 6:00p – 8:30p	<b>16</b> Developmental Season Training Berkmar High School 6:00p – 8:30p	<b>17</b> Developmental Season Training Berkmar High School 6:00p – 8:30p	<b>18</b>	<b>19</b> <b>Crystal League Developmental Meet</b>
<b>20</b>	<b>21</b> Developmental Season Training Berkmar High School 6:00p – 8:30p	<b>22</b> Developmental Season Training Berkmar High School 6:00p – 8:30p	<b>23</b>	<b>24</b> Developmental Season Training Berkmar High School 6:00p – 8:30p	<b>25</b>	<b>26</b> Developmental Season Training Berkmar High School 12:00a – 2:00p
<b>27</b>	<b>28</b>	<b>29</b> Developmental Season Training Berkmar High School 6:00p – 8:30p	<b>30</b> Developmental Season Training Berkmar High School 6:00p – 8:30p	<b>31</b> Developmental Season Training Berkmar High School 6:00p – 8:30p		

# 2011

## Lightning Spikes Track Club 2010/2011 Schedule

# April

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
					<b>1</b>	<b>2</b> Developmental Season Training Berkmar High School 12:00a – 2:00p
<b>3</b>	<b>4</b> Developmental Season Training Berkmar High School 6:00p – 8:30p	<b>5</b> Developmental Season Training Berkmar High School 6:00p – 8:30p	<b>6</b>	<b>7</b> Developmental Season Training Berkmar High School 6:00p – 8:30p	<b>8</b>	<b>9</b> <b>Crystal League Developmental Meet</b>
<b>10</b>	<b>11</b>	<b>12</b> Developmental Season Training Berkmar High School 6:00p – 8:30p	<b>13</b> Developmental Season Training Berkmar High School 6:00p – 8:30p	<b>14</b> Developmental Season Training Berkmar High School 6:00p – 8:30p	<b>15</b>	<b>16</b> <b>Crystal League Developmental Meet</b>
<b>17</b>	<b>18</b> Developmental Season Training Berkmar High School 6:00p – 8:30p	<b>19</b> Developmental Season Training Berkmar High School 6:00p – 8:30p	<b>20</b>	<b>21</b> Developmental Season Training Berkmar High School 6:00p – 8:30p	<b>22</b>	<b>23</b> Developmental Season Training Berkmar High School 12:00a – 2:00p
<b>24</b>	<b>25</b>	<b>26</b> Developmental Season Training Berkmar High School 6:00p – 8:30p	<b>27</b> Developmental Season Training Berkmar High School 6:00p – 8:30p	<b>28</b> Developmental Season Training Berkmar High School 6:00p – 8:30p	<b>29</b> <b>Middle School Championship Parkview HS (Friday Evening and Saturday)</b>	<b>30</b> Middle School Championship Developmental Season Training Berkmar High School 12:00a – 2:00p

# 2011

## Lightning Spikes Track Club 2010/2011 Schedule

# May

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
<b>1</b>	<b>2</b> Competitive Season Training Berkmar High School  6:00p – 8:30p	<b>3</b> Competitive Season Training Berkmar High School  6:00p – 8:30p	<b>4</b> Competitive Season Training Berkmar High School  6:00p – 8:30p	<b>5</b> Competitive Season Training Berkmar High School  6:00p – 8:30p	<b>6</b>	<b>7</b> <b>Crystal League Championship</b>
<b>8</b>	<b>9</b>	<b>10</b> Competitive Season Training Berkmar High School  6:00p – 8:30p	<b>11</b> Competitive Season Training Berkmar High School  6:00p – 8:30p	<b>12</b> Competitive Season Training Berkmar High School  6:00p – 8:30p	<b>13</b>	<b>14</b> <b>Track Phi Track Invitational</b>
<b>15</b> <b>Track Phi Track Invitational</b>	<b>16</b>	<b>17</b> Competitive Season Training Berkmar High School  6:00p – 8:30p	<b>18</b> Competitive Season Training Berkmar High School  6:00p – 8:30p	<b>19</b> Competitive Season Training Berkmar High School  6:00p – 8:30p	<b>20</b>	<b>21</b> <b>Boys and Girls Track Club Invitational</b>
<b>22</b> <b>Boys and Girls Track Club Invitational</b>	<b>23</b>	<b>24</b> Competitive Season Training Berkmar High School  6:00p – 8:30p	<b>25</b> Competitive Season Training Berkmar High School  6:00p – 8:30p	<b>26</b> Competitive Season Training Berkmar High School  6:00p – 8:30p	<b>27</b>	<b>28</b> <b>3<sup>rd</sup> Annual Smart Memorial Weekend Challenge</b>
<b>29</b> <b>3<sup>rd</sup> Annual Smart Memorial Weekend Challenge</b>	<b>30</b>	<b>31</b> Competitive Season Training Berkmar High School  6:00p – 8:30p				
						<b>2011</b>

## Lightning Spikes Track Club 2010/2011 Schedule

# June

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
			<b>1</b> Competitive Season Training Berkmar High School 6:00p – 8:30p	<b>2</b> Competitive Season Training Berkmar High School 6:00p – 8:30p	<b>3</b>	<b>4</b> Competitive Season Training Berkmar High School 12:00a – 2:00p
<b>5</b>	<b>6</b> Competitive Season Training Berkmar High School 6:00p – 8:30p	<b>7</b> Competitive Season Training Berkmar High School 6:00p – 8:30p	<b>8</b> Competitive Season Training Berkmar High School 6:00p – 8:30p	<b>9</b> <b>AAU District Qualifying Meet Augusta, GA</b>	<b>10</b> <b>AAU District Qualifying Meet Augusta, GA</b>	<b>11</b> <b>AAU District Qualifying Meet Augusta, GA</b>
<b>12</b> <b>AAU District Qualifying Meet Augusta, GA</b>	<b>13</b>	<b>14</b> Competitive Season Training Berkmar High School 6:00p – 8:30p	<b>15</b> Competitive Season Training Berkmar High School 6:00p – 8:30p	<b>16</b> Competitive Season Training Berkmar High School 6:00p – 8:30p	<b>17</b>	<b>18</b>
<b>19</b>	<b>20</b> Competitive Season Training Berkmar High School 6:00p – 8:30p	<b>21</b> Competitive Season Training Berkmar High School 6:00p – 8:30p	<b>22</b> Competitive Season Training Berkmar High School 6:00p – 8:30p	<b>23</b> <b>AAU National Qualifying Meet Augusta, GA</b>	<b>24</b> <b>AAU National Qualifying Meet Augusta, GA</b>	<b>25</b> <b>AAU National Qualifying Meet Augusta, GA</b>
<b>26</b> <b>AAU National Qualifying Meet Augusta, GA</b>	<b>27</b>	<b>28</b> Competitive Season Training Berkmar High School 6:00p – 8:30p	<b>29</b> Competitive Season Training Berkmar High School 6:00p – 8:30p	<b>30</b> Competitive Season Training Berkmar High School 6:00p – 8:30p		

# 2011

## Lightning Spikes Track Club 2010/2011 Schedule

# July

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
					<b>1</b>	<b>2</b>
<b>3</b>	<b>4</b>	<b>5</b> Competitive Season Training Berkmar High School  6:00p – 8:30p	<b>6</b> Competitive Season Training Berkmar High School  6:00p – 8:30p	<b>7</b> Competitive Season Training Berkmar High School  6:00p – 8:30p	<b>8</b>	<b>9</b> Competitive Season Training Berkmar High School  12:00a – 2:00p
<b>10</b>	<b>11</b> AAU Club Championship Orlando, FL	<b>12</b> AAU Club Championship Orlando, FL	<b>13</b> AAU Club Championship Orlando, FL	<b>14</b> AAU Club Championship Orlando, FL	<b>15</b> AAU Club Championship Orlando, FL	<b>16</b> AAU Club Championship Orlando, FL
<b>17</b>	<b>18</b>	<b>19</b> Competitive Season Training Berkmar High School  6:00p – 8:30p	<b>20</b> Competitive Season Training Berkmar High School  6:00p – 8:30p	<b>21</b> Competitive Season Training Berkmar High School  6:00p – 8:30p	<b>22</b>	<b>23</b> Competitive Season Training Berkmar High School  12:00a – 2:00p
<b>24</b>	<b>25</b>	<b>26</b> Competitive Season Training Berkmar High School  6:00p – 8:30p	<b>27</b> Competitive Season Training Berkmar High School  6:00p – 8:30p	<b>28</b> Competitive Season Training Berkmar High School  6:00p – 8:30p	<b>29</b>	<b>30</b>
<b>31</b>						

# 2011

## Lightning Spikes Track Club 2010/2011 Schedule

# August

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
	<b>1</b> AAU Junior Olympics New Orleans, LA	<b>2</b> AAU Junior Olympics New Orleans, LA	<b>3</b> AAU Junior Olympics New Orleans, LA	<b>4</b> AAU Junior Olympics New Orleans, LA	<b>5</b> AAU Junior Olympics New Orleans, LA	<b>6</b> AAU Junior Olympics New Orleans, LA
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b> LSTC Annual Banquet
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>			

# 2011